

# Oregon Medical Association invites you to its 105th Annual Scientific Assembly

November 1-2, 1979 • Red Lion Motor Inn, Portland Center
OMA Headquarters

General Sessions, Thursday and Friday

## SOMMER MEMORIAL LECTURERS

### CHARLES G. DRAKE, MD, MSc, FACS, FRCS(C)

Professor and Head
Department of Surgery
Faculty of Medicine
The University of Western Ontario
London, Canada

SURGICAL MEASURES IN THE PREVENTION AND TREATMENT OF STROKE

INTRACRANIAL ANEURYSMS

ARTERIOVENOUS MALFORMATION— NEW PERSPECTIVES

### DAVID NORMAN, MD

Associate Professor of Radiology and Neurology in Residence II Neuroradiology Section Department of Radiology University of California School of Medicine San Francisco, California

RADIOLOGY OF INTRACRANIAL HEMORRHAGE

RADIOLOGY OF THE ORBIT

RECENT DIAGNOSTIC AND THERAPEUTIC ADVANCES IN NEURORADIOLOGY

### JACK P. WHISNANT, MD

Chairman, Department of Neurology
Director, Mayo Cerebrovascular Clinical Research Center
Mayo Clinic
Mayo Medical School and Mayo Graduate School of
Medicine
Rochester, Minnesota

EVALUATION AND MANAGEMENT OF PATIENTS WITH TRANSIENT ISCHEMIC ATTACKS (TIA)

SOME NEW CONSIDERATIONS IN SUBARACHNOID HEMORRHAGE

THE DECLINING INCIDENCE OF STROKE

General Session, Friday Afternoon

DIAGNOSIS AND MANAGEMENT OF THE INFLAMED JOINT

# SPECIALTY SECTION PROGRAMS

Allergy • Family Practice • Urology

TO SOCIATION ISTA

For program, reservations and information contact:

OREGON MEDICAL ASSOCIATION 5210 S.W. CORBETT AVENUE PORTLAND, OREGON 97201 TELEPHONE: (503) 226-1555

# Before prescribing, please consult complete product information, a summary of which follows:

The effectiveness of Valium (diazepam) in long-term use, that is, more than 4 months, has not been assessed by systematic clinical studies. The physician should periodically reassess the usefulness of the drug for the individual patient.

**Contraindications:** Tablets in children under 6 months of age: known hypersensitivity, acute narrow angle glaucoma; may be used in patients with open angle glaucoma who are receiving appropriate therapy.

Warnings: As with most CNS-acting drugs, caution against hazardous occupations requiring complete mental alertness (e.g., operating machinery, driving). Withdrawal symptoms (similar to those with barbiturates, alcohol) have occurred following abrupt discontinuance (convulsions, tremor, abdominal/muscle cramps, vomiting, sweating). Keep addiction-prone individuals (drug addicts or alcoholics) under careful surveillance because of predisposition to habituation dependence

Usage in Pregnancy: Use of minor tranquilizers during first trimester should almost always be avoided because of increased risk of congenital malformations, as sugested in several studies. Consider possibility of pregnancy when instituting therapy; advise patients to discuss therapy if they intend to or do become pregnant.

 $\mbox{\it ORAL}$  Advise patients against simultaneous ingestion of alcohol and other CNS depressants.

Not of value in treatment of psychotic patients: should not be employed in lieu of appropriate treatment. When using oral form adjunctively in convulsive disorders, possibility of increase in frequency and or severity of grand mal seizures may require increase in dosage of standard anticonvulsant medication: abrupt withdrawal in such cases may be associated with temporary increase in frequency and or severity of seizures.

INJECTABLE To reduce the possibility of venous thrombosis, phlebitis, local irritation, swelling, and, rarely, vascular impairment when used I.V.: inject slowly, taking at least one minute for each 5 mg (1 ml) given, do not use small veins, i.e., dorsum of hand or wrist, use extreme care to avoid intraarterial administration or extravasation. Do not mix or dilute Valium with other solutions or drugs in syringe or infusion flask. If it is not feasible to administer Valium directly I.V., it may be injected slowly through the infusion lubing as close as possible to the vein insertion.

Administer with extreme care to elderly, very ill, those with limited pulmonary reserve because of possibility of apnea and/or cardiac arrest; concomitant use of barbiturates, alcohol or other CNS depressants increases depression with increased risk of apnea, have resuscitative facilities available. When used with narcotic analgesic eliminate or reduce narcotic dosage at least 1.3, administer in small increments. Should not be administered to patients in shock, coma, acute alcoholic intoxication with depression of vital signs.

Has precipitated tonic status epilepticus in patients treated for petit mal status or petit mal variant status.

Withdrawal symptoms (similar to those with barbiturates, alcohol) have occurred following abrupt discontinuance (convulsions, tremor, abdominal muscle cramps, vomiting, sweating). Keep addiction-prone individuals under careful surveillance because of predisposition to habituation dependence. Not recommended for OB use.

Efficacy safety not established in neonates (age 30 days or less); prolonged CNS depression observed. In children, give slowly (up to 0.25 mg/kg over 3 minutes) to avoid apnea or prolonged somnolence; can be repeated after 15 to 30 minutes. If no relief after third administration, appropriate adjunctive therapy is recommended.

Precautions: If combined with other psychotropics or anticonvulsants. carefully consider individual pharmacologic effects—particularly with known compounds which may potentiate action of Valium (diazepam). re.. phenothiazines, narcotics, barbiturates, MAO inhibitors and antidepressants. Protective measures indicated in highly anxious patients with accompanying depression who may have suicidal tendencies. Observe usual precautions in impaired hepatic function: avoid accumulation in patients with compromised kidney function. Limit oral dosage to smallest effective amount in elderly and debilitated to preclude ataxia or oversedation (initially 2 to 2½ mg once or twice daily, increasing gradually as needed or lolerated).

INJECTABLE Although promptly controlled, seizures may return; readminister if necessary, not recommended for long-term maintenance therapy. Laryngospasm increased cough reflex are possible during peroral endoscopic procedures; use topical anesthetic, have necessary countermeasures available. Hypotension or muscular weakness possible, particularly when used with narcotics, barbiturates or alcohol. Use lower doses (2 to 5 mg) for elderly debilitated.

Adverse Reactions: Side effects most commonly reported were drowsiness, fatigue, ataxia. Infrequently encountered were confusion, constipation, depression, diplopia, dysarthria, headache, hypotension, incontinence, jaundice, changes in libido, nausea, changes in salivation, skin rash, slurred speech, tremor, urinary retention, vertigo, blurred vision. Paradoxical reactions such as acute hyperexcited states, anxiety, hallucinations, increased muscle spasticity, insomnia, rage, sleep disturbances and stimulation have been reported; should these occur, discontinue drug. Because of isolated reports of neutropenia and jaundice, periodic blood counts, liver function tests advisable during long-term therapy. Minor changes in EEG patterns, usually low-voltage fast activity, have been observed in patients during and after Valium (diazepam) therapy and are of no known significance.

INJECTABLE Venous thrombosis/phlebitis at injection site, hypoactivity, syncope, bradycardia, cardiovascular collapse, nystagmus, urticaria, hiccups, neutropenia

In peroral endoscopic procedures, coughing, depressed respiration, dyspnea, hyperventilation, laryngospasm pain in throat or chest have been reported.

**Management of Overdosage:** Manifestations include somnolence, confusion, coma, diminished reflexes. Monitor respiration, pulse, blood pressure employ general supportive measures. I.V. fluids, adequate airway. Use levarterenol or metaraminol for hypotension, caffeine and sodium benzoate for CNS-depressive effects. Dialysis is of limited value.

**Supplied:** Tablets. 2 mg. 5 mg and 10 mg. bottles of 100 and 500. Tel-E-Dose\* (unit dose) packages of 100. available in trays of 4 reverse-numbered boxes of 25, and in boxes containing 10 strips of 10. Prescription Paks of 50, available singly and in trays of 10. Ampuls. 2 ml. boxes of 10. Vials. 10 ml. boxes of 1; Tel-E-Ject\* (disposable syringes), 2 ml. boxes of 10. Each ml contains 5 mg diazepam. compounded with 40% propylene glycol. 10% ethyl alcohol. 5% sodium benzoate and benzoic acid as bufers, and 1.5% benzyl alcohol as preservative.

Roche Laboratories



ONLY VALIUM® (diazepam)
GIVES YOU THIS CHOICE OF DOSAGE
FORMS AND FLEXIBILITY

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PSYCHOTHERAPEUTIC SKELETAL MUSCLE RELAXANT



ONLY VALUM (diazepam)
HAS THESE TWO DISTINCT EFFECTS

Please see preceding page for a summary of product information.